POOL AREA USAGE TIMES

KIDS Swim Time

Children 13 years of age and younger must be supervised by a **legal guardian** in the pool area at all times.

Monday through Thursday:	2:00 p.m 4:00 p.m. & 6:30 p.m 8:00 p.m.
Friday:	2:00 p.m 4:00 p.m.
Saturday:	3:30 p.m 6:45 p.m.
Sunday:	3:30 p.m 6:45 p.m.

ADULT Swim Time

This time is designated for member's 14 years of age and older to exercise in the water. Members may swim laps or exercise with the pool equipment.

**Please note that there may be times during "Adult Swim" when our Certified Swim

Instructors will be conducting a supervised, private swim lesson with a child.

Monday:	5:00 a.m. – 9:00 a.m.
	11:15 a.m. – 2:00 p.m. 4:00 p.m. – 5:30 p.m. 8:00 p.m. – 10:15 p.m.
Tuesday:	5:00 a.m 9:00 a.m. 11:15 a.m 2:00 p.m. 4:00 p.m 5:30 p.m. 8:00 p.m 10:15 p.m.
Wednesday:	5:00 a.m. – 9:00 a.m. 11:15 a.m. – 2:00 p.m. 4:00 p.m. – 6:30 p.m. 8:00 p.m. – 10:15 p.m.
Thursday:	5:00 a.m 9:00 a.m. 11:15 a.m 2:00 p.m. 4:00 p.m 5:30 p.m. 8:00 p.m 10:15 p.m.
Friday:	5:00 a.m 9:00 a.m. 10:00 a.m 2:00 p.m. 4:00 p.m 7:45 p.m.
Saturday:	10:00 a.m. – 3:30 p.m.
Sunday: Effective	.Noon - 3:30 p.m. e 03/20/2023

Pool = $25' \times 50' / 52 \text{ laps} = 1 \text{ mile}$

